

Face Oil



Lets create a face oil!

Gather:

Glass dropper bottle

Your carrier oil(s) of choice

Essential oil (if using)

Here is my favorite formulation that I use daily.

47 grams Safflower Oil

12 grams Jojoba Oil

0.6 grams of Frankincense Essential Oil

Makes 60 grams. (Equals 100% formulation.)

Weigh out each oil into a sanitized glass measuring cup, or jar.

Blend each oil gently. Pour into a glass dropper bottle. If you are not using any essential oil, add 0.6 grams more of the base carrier oil.

Use on the face after cleansing morning and evening. Works well with a gua sha stone.