

Foaming Mineral Muscle and Joint Soak



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- 576 gr Epsom Salt
 - 576 gr Course Sea Salt
 - 42 gr Lathanol LAL Surfactant Powder - SLSA
 - 6 gr Essential Oils (Eucalyptus, Rosemary, Camphor, Cajueput)

How to:

- Weigh, then combine all the ingredients together in a large bowl, (the SLSA powder is quite irritating so I recommend wearing a mask while pouring into the mix as well as mixing. Once it is blended it won't be a problem.)
- Now you can package up as desired, in a glass jar, cello bag, etc.
- Makes about 12 cups

Original recipe from Voyageur Soap & Candle

